helping you choose doctors wisely

You have a lot to think about when choosing a specialist. You want to find quality and efficient care that helps you get healthy and stay healthy. However, this doesn't mean it has to be the most expensive care. That's why Cigna identifies the doctors in our network who excel at providing quality care at a reasonable cost. It's called the Cigna Care designation.

What is the Cigna Care designation?

It's a label Cigna gives to doctors who meet or exceed specific quality and cost efficiency standards in one of 19 specialties. By knowing which specialists excel in these areas, you can more confidently choose a doctor that's right for you.

Lower out-of-pocket costs

Under your plan, you'll pay lower out-of-pocket costs when you choose a Cigna Care designated specialist for covered services. This means what you pay (copays or coinsurance) will be even lower with a Cigna Care designated specialist than with a specialist in the Cigna network who does not have this designation.

Cigna Care Designation Specialties

Allergy/Immunology
Cardiology
Cardiothoracic Surgery
Colon and Rectal Surgery
Dermatology
Endocrinology
Gastroenterology
General Surgery
Hematology/Oncology
Nephrology
Neurology
Neurosurgery
Obstetrics/Gynecology
Ophthalmology
Orthopedics
Otolaryngology/Ear, Nose & Throat (ENT)
Pulmonary Medicine
Rheumatology
Urology

How does a specialist earn the Cigna Care designation?

We evaluate doctors through a broad review process. First, we look for the specialists in the Cigna network who have treated at least 30 Cigna customers in one of the 19 specialties. Then, we measure quality using industry-standard criteria created or approved by national health and physician organizations, including the National Council for Quality Assurance (NCQA) and the American College of Surgeons (ACS). Finally, we compare each doctor's costs to others in similar specialties. We look at everything from prescriptions to lab tests to X-rays to determine how cost-effective the treatment is.

The result is an unbiased evaluation of quality and cost. Only specialists with top results earn the Cigna Care designation.

Finding a Cigna Care designated specialist

When you use **myCigna.com** to find a specialist, your search results will show a list of doctors that meet your criteria. Cigna Care designated doctors are easily identified by a tree leaf symbol, and will appear at the top of the list. In addition to comparing doctors by quality and cost efficiency, you'll also be able to review their experience and location.

Health Care Professional Results by Specialty

Revise Search
Print List | Save As PDF

Showing 10 Health Care Professionals | **Condition:** Knee Pain/Swelling | **Location:** Within 25.0 miles of 12345 | Show 10 Go

Provider Name	CIGNA Care Designation	Address Phone	Group Practice(s)	Distance	Specialty	Quality Distinctions	Cost Value Rating
☐ Skeleton, Endo, MD	Yes 🌿	100 Street Avenue Anywhere, CT 12345 (123) 456-7890	Skeleton Medical Associates	9.2 Miles Map	Hematology Internal Medicine P E Oncology		★ ★ ★
☐ Marrow Molly, MD	Yes 🌿	1 Main Street Anywhere, CT 12345 (123) 100-0000		9.5 Miles Map	Gastroenterology General Practice P E Internal Medicine		★ ★ ★
☐ Patella, Peter, MD	Yes 🌿	200 Street Avenue Anywhere, CT 12345 (123) 200-1234	Statewide Medical Group	15.7 Miles Map	Endocrinology And Metabolism P N Internal medicine		★ ★ ★
☐ Peds, Otto, MD	No	5 Main Street Anywhere, CT 12345 (123) 456-7890	United Medical Group, Inc.	15.8 Miles Map	Endocrinology And Metabolism P N Internal medicine		★ ★

Compare Selected
Select all least 2 Providers

This Physician Quality and Efficiency Profile reflects a partial assessment of quality and cost efficiency based on the criteria described below. It should not be used as the sole basis for decision-making, as such measures have a risk of error. We encourage you to consider all relevant factors and consult with your treating physician as you select a specialist for your care.

Ratings Key.

🌿 CIGNA Care Designation
★ ★ ★ Top Score for Cost Efficiency Measures
A ABIM Practice Improvement Module
N NCQA Recognized
E Adherence to Evidence Based Medicine Standards with performance in approximately the top 33% of practices in the physician's geographic market.
P Meets the CIGNA Group Board Certification Criteria

Provider Name
Lists local physicians treating the condition.

Cigna Care Designation
The Cigna Tree of Life identifies specialists with the Cigna Care designation.

Quality Distinctions
Provides industry-defined quality measurements.

Cost Value Rating
Compares selected physicians on quality and cost.

A doctor's Cigna Care designation may change

Cigna re-evaluates health care professionals once a year, on average. Before visiting a specialist, always check **myCigna.com** to find out if your doctor is a current Cigna Care designated specialist.